

*Chiron and the Centaur:  
the Emergence of the True Human*

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As a personal introduction, Chiron in my chart is in Sagittarius, squaring Mars the traditional ruler of my Scorpio rising sign, Sun and Mercury. Chiron also squares my Moon and Saturn. Additionally it is parallel my Scorpio Ascendant, Sun and Mercury, the ruler of my Virgo Mars, Moon, Saturn, and MC. Needless to say I am a Chironic individual. For the past twenty years I have had a professional practice in the healing arts, vibrational bodywork and astrology. When I first read the wonderfully insightful book about Chiron by Melanie Reinhart a bell rung inside of me. It was as if an unconscious element in my life was made conscious.

Let's start at the beginning. In 1977, a new planet (actually a cross between a planet and an asteroid) was discovered in the Solar System, which astronomers named after Chiron, the renowned wise Centaur, physician, prophet, musician and mentor of Greek mythology. Overall the discovery of Chiron announced the surfacing of an archaic world-view, one that lay buried within archetypal depths of the human psyche and one that many today have been called upon and challenged to embrace. Widespread interest in indigenous cosmologies and sacred mythologies ranging from those of the Mayans, Native Americans, to the Australian Aborigines surfaced into the collective consciousness. A burgeoning interest in shamanic trainings also occurred along with numerous stories of initiations by westerners found their way into the public's awareness.

At that time, the 60's generation began to turn away from an exclusive orientation toward the spiritual philosophies and transcendent practices of Hinduism and Buddhism. The boomer generation began to embrace earth-oriented/body-centered teachings as an antidote to the spiritual bypass and dependency that the eastern systems and the gurus mistakenly fostered. It had become increasingly clear that the disowned irrational and instinctual elements within our psyche/soma had a life of their own and unless and until they were made conscious, tended to compulsively repeat themselves. While one may have enjoyed spiritual ecstasies in deepest meditation, in the everyday world of personal and interpersonal relationships, unresolved survival, sexual and social issues undermined and rendered useless these otherwise valuable spiritual experiences.

The word Chiron stems from one of the oldest roots in the Greek language.

So powerful was his influence on the legends and myths of the ancient world that today many of the names describing the ancient healing and divinatory arts have their etymological roots in Chiron.

Within the field of divination, Chiromancy means reading the hands or palmistry. Chiron in the Tarot deck is the Hierophant, which actually means ‘revealer of the mysteries,’ or ‘*teacher of the mysteries.*’ An initiate into the mysteries of the Hierophant was said to no longer fear death. And within the astrological community, Chiron soon began to be associated with the archetypal energies of the Inner Shaman, the Wounded Healer and the Maverick.

In the holistic healing vein, Chiral means the polarization of light from one hand to the other; Chiropractic is the healing of the joints and bones by means of manipulation; Chirothesia is the energy in the hands during sacred rites, while Chirotony is a blessing without hands. Bodywork then takes on the dimensions of alchemy as changes occur deep within the soma through such methods as healing with light and to the spinal structure and processes with chiropractic adjustments. As Chiron is one of the most significant planets in my chart thus it should come as no great surprise that my livelihood is through the entwined paths of bodywork and divination.

Familiar words, such as crisis, crossroads and crux are derived from Chiron, as are Christ, crucifixion and cross and all of them play a part in helping us to understand the function and purpose of Chiron. Through life changing crises, such as the death of a partner, the loss of health, a job or a relationship, an entire way of life comes to an end. We come to the crossroads of our lives, to the crux of the matter, asking for a vision, a message or a sign that informs as to the purpose and direction of our lives. Through crisis, we are initiated into the shamanic journey of suffering, death, rebirth and return if we are willing and able to set foot upon that sacred path. Jung also recognized crisis as part of the individuation process as portrayed in both alchemy and shamanism: *‘loss of soul, dismemberment, descent into a lower world, ascent into an upper world, and union with a spirit spouse.*

When I see Chiron strongly influencing the dominant planets in a client’s chart, I recommend

It is through crisis that we discover capacities and abilities and develop skills and talents that we never would have unless our lives were thrown into crisis, unless we were pushed beyond ourselves and discovered within the crisis or the wound, the cure and the remedy. A Chironic wound is no ordinary wound but a sacred one; not a neurotic wound but an existential one wherein we come to grips with our mortality and enter into the crossroads of our existence. We necessarily discover and develop archetypal, metaphysical and transpersonal resources, talents, skills and abilities in our own quest for self-healing and renewal. As we have seen this means establishing contact with our own spirit guides and guardians, with our instincts and intuition. As we are initiated into new ways being and becoming in the world, we soon find that our new found skills, abilities and resources serve a wider, Kosmic purpose. Thus we come to serve as mentors and allies to others who are in crises and in the midst of a huge transition in their lives.

This path is the complete opposite from that suggested by the flippant mantra of our alienated, materialistic and narcissistic culture namely 'He who dies with the most toys wins'. Actually he who dies with the most toys completely misses the entire purpose of existence. The questions of identity and fate can deepen and mature until they ripen and unfold into a life long Vision Quest, a constant communication with the spirit world for the revelation of direction and purpose. Ultimately the highest fate is that of gaining the freedom to be completely who you are.

In the Atman Project, Ken Wilber describes a mode of consciousness that he calls 'Centauric', which is relevant to the planet Chiron not just because of the name synchronously chosen. It shows us clearly the difference between entirely different modes of consciousness. Wilber clearly contrasts this more sophisticated Centauric mode with the 'older' Typhonic mode, which is exclusively instinctually based. The infantile body-ego was a stage (Typhonic) wherein body and self or body and ego were undifferentiated. Wilbur describes the Centauric Self as a *'blissful state; cosmic love, reception of grace (higher energies), heightened bodily awareness (supersensory); highest function of bodily consciousness. The existential centaur, then, is not only the higher-order integration of ego, body, persona, and shadow, it is also the major transition towards the higher subtle and transpersonal realms of being.'*

By combining the substance and meaning of Chiron and the Centaur, we can see that two ways of entering into the Centauric Self, into the realm of the Transpersonal Self are through bodywork and divination. Wilber shows us how this shift to the Centauric Self is to be accomplished namely *'by touching and re-owning our ignored bodies* or through bodywork. He later explains that *'There is preverbal (primary process), and there is verbal (secondary process) and above and beyond both, as a magic synthesis, there is transverbal: intentionality, high-phantasy, and the vision-image'*, the last part being a perfect description of the mind of the astrologer.

Before I move into a discussion of bodywork and divination, I'd like to present a dream that I had in the late 80's that highlights and personalizes the material I am presenting.



## *A Revelatory Dream of Origins*

*I'm sitting on an old stonewall in an unknown countryside. The wall snakes off in opposite directions as far as the eye can see into the hilly terrain. The light of the day is fading to grey. I am aware of another person, sitting on the wall several feet from me. I intuitively know him to be another me, my double. We are waiting for something, someone.*

*From out of nowhere, a long black limousine pulls up slowly, coming to a full stop in front of us. I can see my mirrored reflection in the back window. Slowly the window electronically slides down, revealing Maharishi Mahesh Yogi, (the founder of Transcendental Meditation, of*

*which I was a teacher for much of my twenties). He beckons me with his finger to join him in the back seat of the limousine. My double follows. We drive a long distance on a roadless road. We exit the car and walk up a small hill. Nightfall is imminent. Maharishi instructs us to smooth out a seat for meditation in the hillside.*

*As I do so, I realize that I can literally feel the earth in my hands and that I am awake in my dream. We sit down in lotus posture and are instructed to look up into night sky. But I am alarmed and excited by the sight of a woman, fifty yards distant, standing at the edge of the woods, watching us intently. I tell Maharishi this but he remains disinterested and points up at the sky. We go back and forth three times over this. Finally I submit. I look into the now completely dark night. All is utter blackness.*

*Suddenly a huge explosion of light occurs from within the blackness of empty space. The entire night sky explodes with an overpowering radiance of vibrating light, immediately engulfing all of us where we sit. I briefly wonder about the fate of the woman of power on the edge of the woods, still wondering about her part in this. The light penetrates and obliterates my body consciousness. I lose awareness of my surroundings.*

*Abruptly I awake from the dream as the words Lyra, (which I soon learned was an actual Star system but that is a story for another time) is spoken audibly inside my mind. Spontaneously I sit in lotus position, where I remain for a couple of hours in meditation until the coming of the dawn, my entire body pulsing with the Light, breathing and being breathed by this Light, softly intoning to myself the audible vibrations of this Light.*

Though this experience was only a dream, it is one of the most powerful and meaningful experiences in my life. The dream still lives inside of me as an ongoing reality with a life of its own and in many ways marks my initiation onto the Chironic Path. It is only in relating this event that I realize how the dream has formed the basis of my bodywork and healing practice, which I began soon after the dream and have continued a dual practice to this day. The dream was also prophetic as it signaled the end of a strictly eastern path of spiritual transcendence as represented by Maharishi and my ten-year involvement as a teacher and practitioner of Transcendental Meditation. It marked the beginning of my transition to the path of the Sacred Feminine and Earth based teachings as represented by the woman standing at the edge of the woods. It is also odd that most of my clients are female but more on that later.



*‘The starry vault of heaven is in truth the open book of cosmic projection, in which are reflected the archetypes. In this vision astrology and alchemy, the two classical functionaries of the psychology of the collective unconscious, join hands’. CG Jung*

As we can infer from Wilbur’s writings, astrological divination at its purest level would require highly developed cognitive capacities such as vision logic, familiarity with intuitive

and intentional processes and the receptivity to transpersonal dimensions or archetypal realms of the imagination. I think we can also say that these would be of great benefit to a bodyworker as well, especially when you consider that a '*supersensory awareness or heightened bodily awareness,*' is part of the Chiron/Centaur consciousness. If you equate bodywork with alchemy than one can see again a direct relationship between divination and bodymind healing, namely that both stem from the deep layers of the archetypal psyche.

In Shamanic cosmology, it is recognized that within the physical body lies the Axis of the Universe, the proverbial Tree of Life, the cross of matter, representing the four cardinal directions as well as the upper, celestial realm, the middle Earth realm, and the lower, Infernal realms, (the former and the latter are represented by the outer transpersonal planets). Hence within each and every one of us lie the guidance, the direction and the wild medicine, which is needed in order to heal the lesion between mind and body, between our spiritual and animal selves and thus become authentically and fully human.

The horoscopic mandala is an emanation of the archetypal imagination of the cosmology of the Hellenistic period circa 325 BCE, one that was grounded in Sacred Geometry. It is a metaphysical symbol of the Kosmos, a microcosm of the macrocosmic universe. According to Wilber, the original meaning of Kosmos was '*the patterned nature or process of all domains of existence, from matter to mind to God, and not merely the physical universe*'. Ideally and potentially, through aligning one's self with the horoscope in all its dimensions and directions, one realizes the existence of the Kosmos through a process known as Gnosis.

Gnosis is the direct revelatory experience of the Kosmos. A Gnostic would know intuitively and instinctively that planetary and stellar cycles and patterns (the above) have an influence the cycles and patterns for human beings (the below). Like the Spider's Web of Creation in Native American cosmology, whatever affects one part of the web affects the whole web of existence. All things are interconnected and interrelated. '*The infantile bodyego (Typhonic) can see only the present; the centaur can see all time from the present.*' Atman Project

Like the Tree of Life in Shamanic mythologies, the horoscope is also composed of the four directions, as well as the upper, lower and middle worlds. Both forms of bodywork and divination are based on the same cosmological paradigm and are entwined within the same metaphysical reality, one that is native to the human being that Wilber described as a '*blissful state; cosmic love, reception of grace (higher energies), heightened bodily awareness (supersensory); highest function of bodily consciousness*'. It would stand to reason then that the deeper purposes of bodymind therapies and of astrological divination is to reclaim this field of intelligence for self healing and self direction only to transition to a higher, a truer, more ethical and more authentic way of being in the world.

In the following pages I would like to present two worldviews that will further flesh this out more. The first is through the window of astrology brought to you courtesy of the Hellenistic period. The second is from the perspective of the body itself or more exactly from the viewpoint of an awakened body.

Organized systems of divination, such as the Tarot, the I Ching, and astrology, are paths of

self initiation and self discovery, time honored ways of realizing the wisdom of one's True Self by way of an invisible teacher, who is the One Teacher of which every visible teacher is only a symbol. They are based on thousands of years of observation and the cultivation of a deep knowing of the metaphysical and natural worlds. Instead of asking the guru or the teacher what to do with one's life, one could now directly consult any number of oracles of systems of divination to contact the Invisible Teacher for personal guidance and direction.

When I give an astrology reading, I inform my clients that the reading is more than an exchange of information, however useful that information may prove to be. Essentially, a reading is a transmission of experience tapping into and invoking archetypal and transpersonal energies that exist deep within the psyche beyond that of the personality, waiting to be seen, activated and brought into conscious expression. An astrological reading then goes beyond the limited view of the personality and encourages intuitions, insights, feelings and sensations that touch into the realm of the spirit and the sacred. As such, the client ideally undergoes a noticeable shift in awareness as a result of their connecting with and understanding the archetypal and transpersonal energies native to their natal horoscope.

The astrological horoscope is a portrait of a living cosmology, an archetypal mandala of the soul that reveals the blueprint of our lives and offers direct insight and guidance as to the character, the purpose and the destination of our Soul. While there are numerous varieties of divination, astrology is uniquely qualified to address the first of the Chironic questions i.e. 'Who am I?' as it presents a rich offering of psychological characteristics and transpersonal archetypal processes as descriptors of identity. It also addresses the second Chironic question i.e. 'Where am I going?' as astrology is founded on the view that character determines fate.

In the Hellenistic worldview, the highest and truest fate was called *pronoia*. It was associated with divinity and was deemed providential. A lower former of fate was called *agnoia*, which meant ignorance and was the antithesis of *pronoia* or awareness. Here the soul is more or less oblivious of its own nature and that of *Kosmos*, ...'the living Totality of matter, body, mind, soul, and spirit.' The way out of *agnoia* or ignorance and into *pronoia* was through *Logos*.

According to Greek scholar and astrologer Robert Schmidt, *Logos* is '*a revelatory sound that unconceals that which is hidden*'. In Genesis we see 'In the beginning was the word and the word was with God and the word was God', whereas the original Greek translation is 'In the beginning was the *logos* and the *logos* was with God and the *logos* was God'. A more accurate translation would then be 'In the beginning was a revelatory sound that brought into manifestation that which was unmanifest or transcendent'. *Logos* then is a living language of creation of the archetypal Hellenistic mind. The antidote to our loss of true identity, our Kosmic amnesia is through *logos*, which can be seen as a retrieval of that which is hidden. In Hellenistic thought, this was called *anamnesis*, translated as the 'absence of forgetfulness' as elucidated by Pythagoras and Plato presupposes the everlasting memory of the immortal soul. Through *Logos* and the process of *anamnesis* we remember our true selves.

Logos carries the meaning of an ordering principle. Astrology, logic, dialogue, mythology are all derived from logos as is the word, word. Astrology is an ordered system. One may believe or disbelieve astrology but no one can say it is illogical. An astrological example of Logos as a living language is that of the zoidion or zodiac, which has been translated to mean simply a sign. The original meaning is closer to a 'temple in the sky where the living image dwells'. Just as the Olympion was the dwelling place of the gods and goddesses of Olympus, the Zoidion was the place where archetypal images of the collective unconscious dwelled. The Zoidion then was a Kosmic stage to systematically evoke and consciously experience the archetypal depths of the psyche for the attainment of Gnosis or communion with all of creation.

Another example of Logos would be the Hermetic axiom, 'As it is above, so it is below, as it is within, so it is without, as the soul, so the universe'. This is basic common sense to the Shamanic, Centauric, Chironian, or archetypal mindscapes. Human beings are the microcosm of the macrocosm. In the words of C. G. Jung, *'We are born at a given moment, in a given place, and like vintage years of wine, we have the qualities of the year and of the season in which we are born'*.

In summary then, the highest purpose of ancient western astrology was and is to cultivate pronoia, a sense of providence as fate, through the direct revelatory knowing or Gnosis of the Kosmos. The next question would then be what would the body's role be in supporting a connection with Logos, the living language of creation.

To a Chironic way of thinking, the bridge between the archetypal world of the psyche and the elemental world of the soma, between the Cross of Life within the Hellenistic horoscopic mandala and the Shamanic Axis of the Universe or Tree of Life within the physical body and is found in medieval Judaic mysticism in the Kabbalah. This ancient wisdom depicts a planetary tree of life that describes the descent of the Divine into the manifest world. Here and in other systems of alchemy such as the Taoists and Hindu systems, we see a relationship connecting the above with the below, the heavens with the earth and expressly astrology with alchemical bodywork.

The alchemists saw *the human body as a magical laboratory in which to work their transformation and believed the body's organs were vessels in which alchemical purification of matter took place to provide the psychospiritual essences needed for growth and health. The Taoists felt they were only "borrowing" the physical body and its organs to cultivate "the body beyond the body", or the immortal Philosopher's Stone. The Emerald Tablet by Dennis Hauck*

*To attain the Philosopher's Stone is, in this particular case, the attainment of enlightenment, which is the illumination of the aura or Soul of Nature with the Divine Light of Sol, and with this comes the power to illumine the world, which is the Divine Gold of the Spirit. Alchemy: The Black Art David Cherubim.*

In alchemical astrology, there are seven distinct alchemical processes that correlate to the seven traditional planets, which in turn correspond to the seven major chakras, which in turn effect the processes and operations of the body or soma. The outer invisible planets,

namely Chiron, Uranus, Neptune and Pluto, represent archetypal, transpersonal energies and act as transmitters of energy from the Galaxy onto the earth via the seven traditional planets that also represent consensus, mainstream reality. While their modes of operation are different, what the outer planets have in common is to create a destabilizing effect on the status quo so that the energies from the archetypal dimensions can enter this world.

Most of my clients, besides being female, also have most if not all of these planets prominent in their charts. Needless to say my clients are not your typical Joe and Sally. Let's take a close but brief look at these planets and see what archetypal and transpersonal energies they reveal. Below is an Outer Planets for Dummies List that describes their basic functions in seed form.

- Chiron: Transfiguration; Deep Nature Mysticism; the Shamanic realm; the vision quest; shape shifting; Wild Medicine, the World as Sacred; Initiation; Mentoring; the Wounded Healer
- Uranus: Transformation; Upper Dimensional Worlds; Light Body consciousness; radical awakening; telepathy; higher octave; multi-dimensional perception; quantum physics; UFO's; computer.
- Neptune: Transcendence; Non-Dual Mysticism; empathy; the silent witness; visionary experiences; Oceanic Awareness; Timeless; Formless; the World as Maya.
- Pluto: Transmutation; Alchemy; the cosmic roto-rooter; cellular changes; Kundalini; hidden treasures, Soul Retrieval; Death and Rebirth; Underworld Journeys; the Shadow.

Now that we have gained some astrological and alchemical insight into a Centaur/Chiron worldview, let's look at the human body in all its Kosmic dimensions. Body workers, massage therapists, energy healers all fall under the aegis of Chiron as do herbalists and medical practitioners as Chiron taught medicine to Aesclepius, the Father of Greek Medicine. As such we'll be looking at both the diagnosis and the prognosis for the body.

By the late 70's, many meditation practitioners had come to realize that after years of intensive meditation practices, we were (as were many of the gurus!), not living a full, authentic life and had in fact practiced a form of spiritual bypass that left many of our early wounds unrecognized and unaddressed and left many of us disembodied. While one may have enjoyed spiritual ecstasies in deepest meditation, in the everyday world of personal and interpersonal relationships, unconscious issues undermined and rendered useless these otherwise valuable spiritual experiences. One could be intimate with God but not with another or even with one's self. The eastern systems of Self Realization with its emphasis on the world as illusion and on the denial of self and body took precedence over the western system of Self Actualization and its emphasis on the world as sacred and the embodied expression of the self with disastrous consequences.

Many of us have been raised with either not enough nurturing touch and/or have been subjected to inappropriate and abusive touching. Herein lies the root of the split between mind and body. Most of us are starved for nurturing and nourishing touch. As a consequence

of disowning our bodies, we live separated from a universal intelligence that underlies and permeates all of existence. The result is the over reliance on thinking and less emphasis on direct knowing, on instinct and intuition causing the loss of Gnosis, of the Centauric Self or the unified body and mind. Ken Wilber in his book *No Boundary* lays out this problem clearly. *'It is not exactly that man loses touch with his body. Rather, he loses touch with the unity of the body and mind, the unity of feeling and attention that is characteristic of the centaur. The whole clarity of feeling-attention becomes disrupted and distorted, and in its place is left compulsive thinking on the one hand, and the dissociated body on the other.'*

The bodymind is formed by our personal history. It is a sum total of all the habitual and unconscious patterns of our upbringing, including any and all injuries, insults or wounds to the developing self that today determine our character and personality. The mental aspect of the bodymind is called the internal dialogue and is the part of the personality that never stops thinking or talking to itself and is constantly rehashing the past, planning for the future and interpreting and reinterpreting itself. As long as we remain unconscious of the bodymind and the internal dialogue then we are driven to repeat disowned, unconscious behaviors and actions.

We have seen that it is not through transcendence alone but especially through recognizing and healing the wounds that are stored in the body and through unifying body and mind that we will be made whole, complete and authentic. The trick is to shift the attention away from the internal dialogue and bring it into the body. The ancient practices of healing touch and deep bodywork offer powerful and profound techniques for spiritual awakening and personal growth through making the unconscious conscious and basically waking up the body. In Shamanic bodywork, this is accomplished by moving the assemblage point, the limited perceptual field of the bodymind, onto that of the *second attention* where we access a self existing field of silent knowing and revelatory experience. Very few of us live in this state, so the question arises how do we drop the bodymind and reclaim *'the existential centaur, which is not only the higher-order integration of ego, body, persona, and shadow, but also the major transition towards the higher subtle and transpersonal realms of being.'* Wilber.

While meditation practices, psychotropic substances and shamanic rituals offer viable, useful and necessary practices or ways to move beyond the local identity into transpersonal, archetypal domains, the body itself is capable of naturally moving there through the alchemy of deep bodywork and through becoming completely relaxed. Once the attention is in the body it can attend to healing, to unifying the body and mind. The advantage to bodywork is that bypassing our wounds or going unconscious is not likely to happen when we are the hands of another's loving care and expertise. They will act as conscious guides and protectors as we move into us. The qualifier here is that the practitioner would have a heightened sense of touch and be familiar with these archetypal realms and alchemical processes and the client would be ready and willing to move deeply into these domains. The issue of trust is paramount.

Many mythologies that can be called Centauric, see the body as possessing a trans-dimensional physiology replete with energy vortices, energetic pathways and body centers that portray a subtle body consciousness that reaches far beyond the mere physical mapping rendered by current medical science.

As one shifts the attention away from the localized, limited and contracted bodymind, the internal dialogue and their limited perceptual field, then one enters into an awareness of the subtle body called by various names in different traditions, such as the Alchemical Philosopher's Stone, the Sufi's Pearl of Great Price, the Shamanic Rainbow Warrior, the Buddhist Diamond Body, the Hellenistic Microcosm of the Macrocosm, the Hindu Brahman Consciousness, the Mystical Body of Christ or what I like to call the BodySelf. The BodySelf is the fully awake, aware and alive body, with a fully developed body, heart, will and mind. This view is in perfect accord with Aristotle's observation that the manifestation of the Soul is the perfect completion of the potential of the body. In other words, the Soul is the true essence of the material body.

Again to strike a personal chord, in 1977, concurrent with the discovery of Chiron, I experienced an energetic opening of the chakras, which led to blissful, ecstatic, emotional and highly cathartic experiences. To a significant extent though, this was an uncontrollable situation that lasted for a good few years. Sleep was especially affected as I often laid awake into the early dawn attempting to organize, integrate and balance in my body, the awakened serpentine Kundalini the vital, creative energy in Nature, the energetic vortices known as chakras, and the pranic currents, the vital energy and the subtle link between the visible and the invisible, just so I could fall asleep.

It had become easy for me to fall into a state of ecstasy or bliss or some hypnogogic state where I could work with the prana, the chakras or the Kundalini to deepen the process of healing that was underway. I devoted a lot of time toward the practice, which was more from necessity, though it was for the most part extremely pleasurable. Unfortunately this activity led to my vacating my body and absenting me from life on earth as well and I became increasingly dependent on meditation in order to feel good. That condition caused me to seek out bodywork as a form of healing. What presented itself to me were all the suppressed and denied wounds, injuries and so forth that came from growing up with a violent, abusive alcoholic father. Once I began to heal these areas then the Kundalini energy settled down and I began to experience the BodySelf, which was less like an energetic peak experience and more like a steady state of embodied essence be it peace, courage, presence, joy and so forth. This internal process of circulating the light in the form of prana and chi, allowed me to do the same with my clients, though it took me some time to figure it out.

When I first began a practice in bodywork and healing, I was surprised to notice that many of my clients (again mostly women) were having experiences that I equated with prolonged meditation retreats and several years of meditation. Yet it was an inescapable perception that stored within the human body, on a cellular level, are organic memories of Limitless Love and Light as Source. It was as if the dream of Lyra opened me to experience the subtle level of vibrational ecstasy not only in myself, but in the people I was working on. Along with that contact with Light came the sound sounds and tones that I made the morning of my dream. Prior to that I had thought that ecstasy was a spiritual experience gained through transcendence and not an organic, biological birthright.

It was also obvious that what prevented the full expression of this primary organic intelligence of Source were the many tension patterns, energetic holes and numerous injuries and insults to the developing self that were stored within the layers of the body. Frequently there would be many emotional responses or the recovery of painful memories that interceded or erupted into consciousness along the way toward Ground Luminosity, toward Wholeness, toward Emptiness, toward the Universal Chi, toward a constant daybreak of Presence.

Once the old wounds, the tension patterns and deficiencies were re-experienced and released then a transmission or influx of higher or subtler energies would occur. In bodywork it became crystal clear that an Alchemy of the Psyche and the Soma can and will take place. The theme here is that of *crossing of the threshold of perception*. We are moving from the internal dialogue to a state of silent knowing, from the known to the unknowable mystery, from the agnoia of the bodymind and its endless repetition of the past and into the BodySelf, into an alchemical Gnosis, a revelatory experience of Logos and of Grace.

Throughout this process, the body is seen as a Master Teacher, the advantages being that,

- unlike the mind, the body will never tell a lie. If you listen the body will tell you what you need to know
- the body knows how to heal itself. We can either augment the life of the body or diminish it.
- the body is fundamental to any teaching or path for the simple reason that if you did not have a human body then you would not be here.
- if you are not in your body or embodied, then the universe cannot find, recognize, contact and connect with you and neither can you or anybody else.
- conversely, if you have a highly organized and developed sense of body awareness then the universe and others can see, contact, connect and commune with you.

In the 60's there were many peace demonstrations but few of us were the embodiment of that peace. Now we have tens of thousands of Chironic healers and therapists who have since developed their skills in divination and healing to assist in the birthing of a new planetary consciousness that is more in alignment with direct revelation, with direct knowing. In Christian mythology, Christ became the living word, the embodiment of the Logos, the living language of creation. The potential and the promise here is that through a immediate and genuine communion with Logos, any individual becomes a living embodiment of Gnosis.

The Christian ritual of making the Sign of the Cross, a mystical and magical gesture, on the body activates a spiritual current by touching the head, the heart and the right and left shoulders and then bringing the hands together in a prayer position, which seals the current. The Christian mystics call this the 'axis mundi' or World Axis, the joining of heaven and earth. By using the sign of the cross in a conscious manner, we can create within ourselves a condition that is supportive of mystical experiences and expanded awareness. We in fact, make ourselves, open and willing channels for Cosmic Wisdom, Universal Love, and Creative Power to manifest in our lives and the world.

The more individuals who become the Logos, who attain Christ/Chiron Consciousness, the

stronger and more noticeable the group Centaur/Chiron/Christ field is for everyone on the entire planet. In anchoring this field, we become the Rainbow Bridge that allows others who are in crisis to cross over from the old dying world into the new world through the journey of suffering, death, rebirth and return. This development has been happening since the 60's and has increased in momentum. In the three decades since Chiron's discovery, there has been an explosion of interest in the healing and divinatory arts as the numbers of practitioners of these ancient art has increased dramatically as have the number of people seeking alternative or traditional means of healing and the unfoldment of human potential.

And more and more individuals are in communion with Source, with Gnosis and Logos and with the Limitless Love and Light that underlies all of Creation. While some of us are increasingly more aware of it than others, the challenge and the crisis of our time is for as many of us who are willing and able to cross the threshold of perception from the material, one-dimensional world where most of humanity is trapped and engage in a full on dialogue with the mysteries and the magic that informs all of Kosmic existence.

**Francis X Caulfield**, a life-long student and practitioner of Astrology, offers a **holistic vision to astrological divination and counseling**. He reads the natal chart as a **transformational blueprint** of the **Self**, impeccably informed with **celestial guidance and insight**. He eloquently blends intuition with modern and ancient astrological expertise forming a multi-layered, comprehensive understanding of each client's distinct **life purpose, potential, and direction**.

Francis is a talented **vibrational healer/bodyworker** with over 15 years experience in private practice and 30 plus years of meditation practice. His work is an intuitive blend of **Somatic, Energetic, and Shamanic** bodyworks for **Spiritual Awakening, Personal Transformation, and Holistic Healing**.

Francis also conducts group and individual **Remote Healings, Sacred Sound Ceremonies, Toning Workshops**, and programs in **Energy Medicine Circles**, and the **Illumination of the Body**.

In Spirit,

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